Student Self-Assessment Checklist   **Name** _____

Expressing Appreciation

Directions:
- Think about a recent time someone did or said something you appreciated.
- Answer the questions by putting an "X" in the "no" or "yes" column.
- If you answer "yes," then mark if it was easy or hard to do.

Did you…	No	Yes	If yes, it was…	
			hard.	easy.
Did you say what the person did?				
Did you say how you felt about what the person did?				
Did you say what you liked about what the person did?				