

Learning to Listen

Directions:

- Think about the last time you listened to someone.
- Answer the questions by placing an "X" in the "no" or "yes" column. Think carefully about each question.
- If you answer "yes," then mark if it was easy or hard to do.

Did you	No	Yes	If yes, it was	
			easy to do.	hard to do.
STOP Did you stop what you were doing?				
Did you look at the person talking?				
Did you stay quiet while the person was talking?				
Did you ask questions or make comments about what the person was saying?				