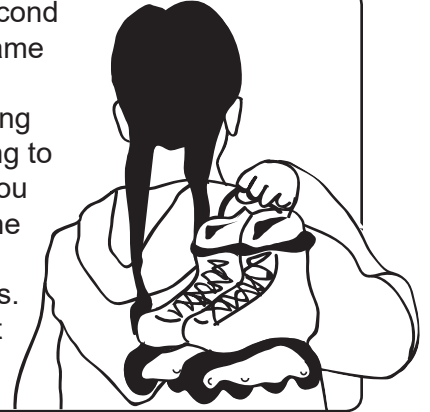




Resolving a Conflict to Save a Friendship (Version B)

Directions: Read the paragraph about the situation. Answer the questions below as if you were this person in the situation. Then with your partner act out how you would resolve the conflict together.

The situation: You and your friend have been friends since you met in second grade. You have been on the same soccer team for years. You love the same music. You have a lot of fun when you practice soccer and listen to music together. But lately you want to spend some of your time going inline skating with a group of kids in the park instead of seeing your friend. You're starting to feel a little bored of soccer and music, even though you still enjoy them. You just don't want to do those things as often as you used to. This week for the third time you chose to go skating instead of practicing soccer or listening to music with your friend. It seems like your friend is pretty upset about this. You and your friend are starting to argue about this problem. You still want to be friends, but you're not sure what to do.



1. What would you do to calm down in this situation?
2. Put yourself in your friend's shoes. What do you think your friend is thinking and feeling?
3. How will you respectfully and assertively tell your friend how you feel? Write an I-message you would use.
4. What will you do to be a good listener when your friend talks?
5. What are your ideas for solutions to this conflict?
6. Which idea do you think is probably best for both you and your friend? Why? Think about the four qualities of good decisions when you choose.