



# Safety Rules for Medicines

## Do not:

- take a drug unless a parent or adult you trust gave it to you.
- use a drug meant for someone else. Your name will be on the bottle if the medicine is for you.
- take more medicine than you are told to take. More is not better.
- use medicine that has expired.



## Do:

- take a drug only to help you get well or to keep you healthy.
- follow the directions when you take a drug.
- know if you have an allergy to any drug. Ask your parent.

