Setting Goals for Staying Clean

I do these things well

to keep my body clean.
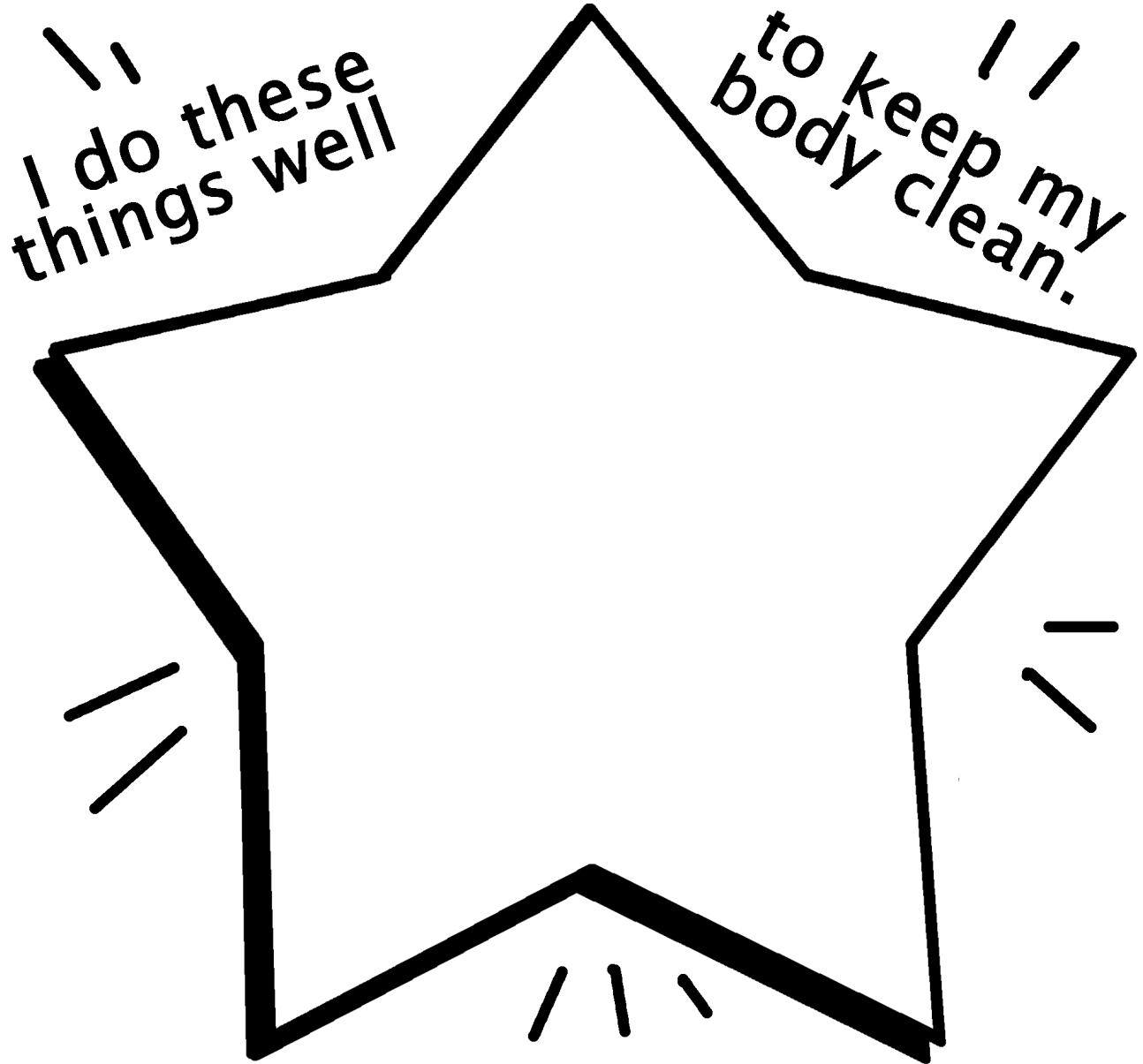
I want to do this better or more often.

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