



Vocabulary Words for the “Feeling Faces” Posters

The four “Feeling Faces” posters used at this grade level—“Happy,” “Upset,” “Surprised,” and “Calm”—show characteristic expressions for these four feelings. Do not elaborate or change them. Make these posters available for classroom use throughout the school year. As the students learn new feeling vocabulary words, you can add them to the appropriate posters. Even when students’ reading skills do not permit them to read the words listed on the posters, students benefit from references to the written feeling words during the school day. You can also use the posters for reference as the class discusses feelings in other lessons or in classroom situations.

Students at this level are not expected to remember all of the words mentioned below, but this list provides you with a variety from which to select.



Happy

capable
friendly
likable
lovable
joyful
helpful
busy
understanding
generous
satisfied
glad
proud
smart
interested
loved
interesting
attractive
willing
appreciated
special
wanted
sharing
excited
joyous
successful



Upset

sad
sorry
left out
lonely
angry
scared
jealous
helpless
shy
bored
frustrated
stuck
blocked
embarrassed
anxious
naughty
ashamed
clumsy
lazy
misunderstood
grieving
stupid
foolish
dumb



Surprised

puzzled
anxious
unsure
confused
amazed
worried
excited
scared



Calm

quiet
capable
understanding
busy
contented
able
interested
neutral
willing
helpful
normal
caring
placid
peaceful
serene



As students discuss feelings, they may mention how their bodies feel by using the following words.



Happy

comfortable
cool
restless
wide awake
warm



Upset

restless
tense
hungry/thirsty
sleepy
tired
hot/cold



Surprised

stopped
stiff
tight
frozen
jumpy



Calm

comfortable
cool
warm
cozy